

May 2025

GenPride Center Activities - 1521 Broadway Suite A, Seattle WA 98122



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ongoing tabling * PEER Seattle - every other Tuesday * Fred Hutch Cancer Center - at least once a month			1 12:00p - Lunch 12:00p - Tech Support 4:00p - Women's Discussion Group	2
5 10:00a - Yoga 1:30p - Powerful Tools for Caregivers Class	6 12:00p - Lunch *Fred Hutch table	7 2:00p - Embracing Your Elderhood Group 1:30p - PrideWriters (fmr. Writer's Group)	8 12:00p - Lunch 1:00p - Game Club	9
12 10:00a - Ballet 1:30p - Powerful Tools for Caregivers Class	13 12:00p - Lunch 5:00p - Grief & Loss Support Group	14 1:00p - Trans Support Group	15 12:00p - Lunch 12:00p - Tech Support 4:00p - Women's Discussion Group	16
19 10:00a - Yoga	20 12:00p - Lunch 12:00p - PACE Blood pressure checks	21 2:00p - Embracing Your Elderhood Group 1:30p - PrideWriters (fmr. Writer's Group)	22 12:00p - Lunch 1:00p - Game Club	23
26 Memorial Day - GenPride Center Closed	27 12:00p - Lunch 5:00p - Grief & Loss Support Group	28 11:30a - BIPOC Lunch 1:00p - Trans Support Group	29 12:00p - Lunch 12:00p - Tech Support 1:30p - Ageism in the LGBTQ+ Community Panel	30

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GenPride Online Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 10:30a - Qigong
5	6 3:45p - Strength & Balance	7 3:30p - Yoga	8	9 10:30a - Qigong
12	13 3:45p - Strength & Balance	14 3:30p - Yoga	15	16 10:30a - Qigong
19	20 3:45p - Strength & Balance	21 3:30p - Yoga	22	23 10:30a - Qigong
26	27 3:45p - Strength & Balance	28 3:30p - Yoga	29	30